

HORARIS ESCOLA D'ESQUENA

| Inici | Final | DILLUNS | DIMARTS | DIMECRES | DIJOUS | DIVENDRES |
|-------|-------|-------------|-------------|-------------|-------------|---------------|
| 09.15 | 10.15 | TONO BARRA | | E. POSTURAL | | |
| 10.15 | 11.15 | R. POSTURAL | R. POSTURAL | R. POSTURAL | R. POSTURAL | STRETCH BARRA |
| 19.15 | 20.15 | | R. POSTURAL | | R. POSTURAL | |
| 20.15 | 21.15 | | FITBALL | | E. POSTURAL | |