Programa d'activitats dirigides

Vàlid a partir del 31 de juliol de 2020

PUTXETSPORT

Inici	Final	Sala	DILLUNS	DIMARTS	DIMECRES	DIJOUS	DIVENDRES	DISSABTE	DIUMENGE
7.15	8.00	GC	VIRTUAL CYCLE	VIRTUAL CYCLE	VIRTUAL CYCLE	VIRTUAL CYCLE	VIRTUAL CYCLE		
8.15	9.00	GC	VIRTUAL CYCLE	VIRTUAL CYCLE	VIRTUAL CYCLE	VIRTUAL CYCLE	VIRTUAL CYCLE	VIRTUAL CYCLE	
9.15	10.00	B		BODYCOMBAT	BODYPUMP	ESTIRAMENTS	TOTALFIT		
9.15	10.00	PS	AIGUAMIX						
9.30	10.15	GC	GROUP CYCLE	VIRTUAL CYCLE	VIRTUAL CYCLE	VIRTUAL CYCLE	VIRTUAL CYCLE		VIRTUAL CYCLE
10.00	10.45	GC						VIRTUAL CYCLE	
10.15	11.00	B	BODYPUMP	IOGA	SH'BAM	TOTALFIT	BODYBALANCE		
10.15	11.00	PS					AIGUAMIX		
10.30	11.15	GC	VIRTUAL CYCLE	VIRTUAL CYCLE	VIRTUAL CYCLE	VIRTUAL CYCLE	VIRTUAL CYCLE		VIRTUAL CYCLE
11.15	12.00	B	PILATES	TOTALFIT	IOGA	BODYPUMP	ESTIRAMENTS		
12.00	12.45	GC						VIRTUAL CYCLE	VIRTUAL CYCLE
13.15	14.00	GC	VIRTUAL CYCLE	VIRTUAL CYCLE	VIRTUAL CYCLE	VIRTUAL CYCLE	VIRTUAL CYCLE		
14.15	15.00	GC	VIRTUAL CYCLE	VIRTUAL CYCLE	VIRTUAL CYCLE	VIRTUAL CYCLE	VIRTUAL CYCLE		
14.15	15.00	B	TOTALFIT		BODYPUMP				
17.30	18.15	GC						VIRTUAL CYCLE	VIRTUAL CYCLE
18.15	19.00	B	BODYPUMP	PILATES	TOTALFIT	SH'BAM	BODYPUMP		
18.15	19.00	PS			AIGUAMIX				
18.30	19.15	GC	VIRTUAL CYCLE	VIRTUAL CYCLE	VIRTUAL CYCLE	VIRTUAL CYCLE	VIRTUAL CYCLE		VIRTUAL CYCLE
19.15	20.00	B	BODYBALANCE	SH'BAM	BODYPUMP	TOTALFIT			
19.30	20.15	GC	VIRTUAL CYCLE	VIRTUAL CYCLE	VIRTUAL CYCLE	VIRTUAL CYCLE	GROUP CYCLE		
20.15	21.00	B	BODYPUMP	BODYCOMBAT	BODYBALANCE	IOGA			
20.30	21.15	GC	VIRTUAL CYCLE	VIRTUAL CYCLE	VIRTUAL CYCLE	VIRTUAL CYCLE	VIRTUAL CYCLE		
21.30	21.15	GC	VIRTUAL CYCLE	VIRTUAL CYCLE	VIRTUAL CYCLE	VIRTUAL CYCLE	VIRTUAL CYCLE		